

## Health and Wellbeing Group Update January 5 2017

The Health and Wellbeing Group has been established by Warminster Area Board to:

- Act as a local forum to facilitate the co-ordination of local health and wellbeing services
- Represent the views of the older community & other vulnerable groups to the Area Board
- Work with Commissioners to steer and develop services
- Make best use of existing community capacity
- Identify opportunities to lever in other funds
- Tackle isolation and ensure inclusion
- Improve wellbeing and community resilience

Stephanie Stephens has been elected as Chair

Cllr Keith Humphries has been elected as Vice Chair and is the Area Board representative on the group.

Francis Ballinger had been appointed by the Area Board as Older People's Champion.

Bernice Robbins has volunteered as Carers' Champion

### **Priorities identified by the Health and Wellbeing Group and associated work-plan include:**

#### **1. Information and Advice**

Mental Health Awareness Raising session Area Board **2 March 3.30pm**

Health Fair for public and providers **Friday 31 March 1.30pm**

Enhanced information and advice support via the Community hub, working with Cornerstone and other providers. Proposal to install and staff new telephone information line (see separate application)

Plans to take information and advice out to villages and tap into coffee mornings etc.

## **2. Loneliness and Isolation**

Handyman service being investigated

Information and Advice improvement as above.

Carers' café available monthly.

Men's Shed & Dementia Café planned

## **3. Community Transport**

Survey of need to be developed

## **4. Dementia Support**

Warminster to be signed up to Dementia Action Alliance via the Health and Wellbeing sub-group and will include a range of community groups and businesses.

Alzheimer's Support are currently looking for premises which will allow a range of projects to be delivered for people with dementia and their carers.

### **Wider Health and Wellbeing Forum**

The former Health and Social Care group (currently Chaired by Ann Merrills) has agreed to act as a wider Health and Wellbeing Forum for the management group. The wider forum remains independent but is working jointly with the Health and Wellbeing group of the Area Board.

### **Carers Champion (Bernice Robbins) Report back**

Key areas for Carers include access to support available, recognition of self as a carer.

Activities undertaken so far:

1. With Jaqui Abbott and Jane Brake to meet Babs Harris and Emer Bolt (Alzheimers Support CEO and Business Manager) to discuss requirements for Day Centre/Drop in Cafe for Warminster. Suitable premises for both being sought.
2. I have become an occasional volunteer for Carers Support Wiltshire (CSW) and attended Warminster Hospital on Carers Rights Day (25 Nov) and met 10 carers, many of whom did not know of the organisation or their rights.
3. To address the imbalance between the number of carers represented on the

census and those registered at CSW I have contacted 16 condition-related support groups to ask what services they supply and how many carers they support with BA12 post codes.

4. Having met with Jacqui Abbot and Jackie Menton (CSW) the hospital attendance of Cornerstone and CSW volunteers has been co-ordinated. Opportunities to offer to speak at WIs in the area are being circulated also.
5. I have an arrangement to go to The Stroke Club in early January to tell them about Carers' Rights.
6. Working with Alzheimers Support about possible office space in Warminster.

### **Older People's Champion (Francis Ballinger) Report**

Key areas for Older People include Information and Advice; Loneliness and Isolation, access to services.

1. Development of Information and Advice additional support for Warminster and villages – via Community Hub, Cornerstone & out to villages
2. Working with sub group to develop project plan for Information and Advice at the Community hub
3. Developing plan to work with villages to improve information and advice – pubs, shops, village halls, coffee mornings etc.
4. Visiting Info & Advice provider in Somerset to compare delivery methods